



Preconception Health Counseling:

The Puzzle of Implementation and Practice in the Family Planning Clinical Setting



Women's Health Care Clinic

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First, implementing new programs...

- Collaboration among team members
- Management Team and planning
 - Expectations from staff
 - Have a plan and protocol, in writing
 - Enthusiasm from management
- Start small, pilot, then adapt
- Training
 - Staff Meeting several months out (brief)
 - Next Staff Meeting (or two)
 - Training/in-service



Our Start

- Every patient who comes in for a "pregnancy test only" is a golden opportunity for PCC, especially the negative test
- What is her plan? ("What if...?" brochure)
 - Wants to become pregnant: PCC
 - Doesn't want to become pregnant: BC




Next Step

- Ask every patient on their history/exam form:
 - Future pregnancy plans: _____
 - Do you want children? Yes, when _____
 No Unsure
- Written protocol
- Training
- Simple documentation on exam form
- Health Education materials



Future Step

- Every patient, every visit
- Expand patient visit to include reproductive life plan
- Outreach
 - Presentations in the community
 - In-reach: Reception Room
 - 15 minute presentations
 - Multiple topics